



BFSA— The Voice

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BLACK FACULTY AND STAFF ASSOCIATION

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As we move closer to the end of the year there always seems to be an increase in the activity level around the southland and OC area. I'm not sure if you are aware of the resources we have at our disposal and the kinds of people, places and things we have and should be appreciative of. For starters, we live in a coastal environment, (relatively), where access to the beach and the ocean is just minutes away. We also live in a community that in spite of the OC perception does offer a variety of events and cultural activities for our enjoyment and benefit. To find out more, I invite you to take a look at the calendar of the website, <http://sites.uci.edu/bfsa/calendar> versus just the one in this newsletter.

As dates go, let me remind you that the BLAC's **Annual Night of the Stars Scholarship & Awards Banquet** (affectionately known as BLAC Gala) is happening **Wednesday, May 22, 2013, in the UCI Student Center at 6:30pm.**

This night of fellowship, affirmation, food, music, and recognition is now in its 11th year and receives broad support across campus. Since 2001 the BLAC has successfully raised nearly \$60,000 in scholarships and recognized over 40 faculty and staff members, and hosted hundreds of students of color at our annual Gala.

If you cannot attend, there are other ways you can support the event. Please consider contributing an ad in our souvenir booklet, a table for other students to enjoy the event at no or low cost, or perhaps even sponsoring or co-sponsoring one of our scholarships. And though you may already contribute to the UCI campus and perhaps even to the black community in other ways, please see the BLAC Gala as yet another way for you to reach out to the community to ensure it endures, thrives and is recognized by all of UC Irvine. All donations, however large or small, are essential to the success of this event and are much appreciated.

With all that we have to be thankful for, we have another "*Day of the Stars*" date fast approaching where we take time to celebrate and honor our mothers. While I would offer that we should, (and many do), celebrate our mother's on more than just this day, this day is simply a national, collective recognition of "Mother's". Personally there isn't a day that goes by that I don't think of and thank my mother for who she was and what she did that has so influenced my growth as a person and my development as a man. She had an incredible impact on my life. I am still guided by the principles and values she instilled in me and all of her children, (extend family included).

This Sunday folks will be dressed in festive attire, celebrating mothers and all they have done and continue to do for us. As you do, please keep in mind that what our mothers, do/have done for us they don't just do one day out of the year. They are unconditional in their love for us, in their sacrifices and desire to see us, their children be happy. So, on this day, take an extra moment to really stop and think about what your mothers have meant, and for those who qualify, what you mean to yours.

*"Generosity is giving
more than you can
and pride is taking less
than you need".*

Khalil Gibran

THANK YOU FOR ALL YOU DO

Spotlight:



Nick Booker



Hello there. My name is Nick Booker. I am in my third season as an assistant coach with UC Irvine Men's Basketball program. I served as a director of basketball operations in 2010-11, my first official year at UC Irvine.

Prior to joining the Anteater staff in 2010, I spent three years working at Saddleback College as both an employee of the EOP's office, instructed physical education classes, and also served as an assistant coach with the men's basketball team. At Saddleback College, I was fortunate to be a part of the coaching staff that won a State Championship in 2009-10. I also served as an interim head coach during the 2007-08 season.

During my employment period at Saddleback College, I completed a Master's in Exercise Science from Azusa Pacific University.

I have been blessed to be a part of some terrific educational institutions and men's basketball programs. I attended Davidson College from 2000-04 where I received a bachelors in History and had the opportunity to play for the winningest head coach in school history, Bob McKillop. During my sophomore year (2002-03), we won the Southern Conference championship and played in the first-round of the NCAA Tournament against Ohio State.

In my spare time, I enjoy spending time with my beautiful wife of six years, Jamila Booker, and our children Philip (four) and Kaleb aka Moosh (3). We are expecting our third child, a little girl, Ella, in July. Outside of work and family, I love to travel. If you're ever in the neighborhood of the Intercollegiate Athletic Building (IAB), please stop by and say hello.

Nick Booker

UCI Men's Basketball Assistant Coach

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<http://ucirvinesports.com/sports/m-baskbl/index>

May 2013

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1	2	3	4
5	6	7	8	9	10	11 <u>NAACP Membership Mtg.</u>
12 <i>Happy Mother's Day</i>	13	14	15 <i>BFSA Membership mtg.</i>	16	17	18 <u>100 BMOG Rites of Passage</u>
19	20	21	22	23	24 <u>BlackInOC 4th Friday's</u>	25
26	27	28	29	30	31	

Special Events:

For additional events or specific event information please click the link of the event or visit the calendar page on our website at <http://sites.uci.edu/bfsa/calendar/>. You can also find out more about what's happening around the OC community by clicking on the links below.

<http://www.meetup.com/Black-In-Orange-County/events/73879372/>

<http://www.100bmg.com/calendar>

Where are they now?



HELP! This section is a place where we can highlight, brag about, share the successes of some outstanding alumni that have graced these halls and grounds. Business folks, Dr.'s, Lawyers, Teacher's, Administrators, Entertainer's, Homemakers, and the list goes on. The challenge is, I can only account for so many. So, if you know someone who graduated from here, check with them first, but we'd like to share what's going on with them in this space. If you graduated from UCI and now work here, this qualifies you to submit information sharing with us where you are now :), (other than the obvious). For alumni that do not work here, we are proud of them and would ask *you* in your contact with them to have them send all information to gparham@uci.edu.

THANKS

Health and Wellness

It's National Skin Cancer Awareness Month

This year nearly 77,000 people in this country will be [diagnosed with melanoma](#), a form of skin cancer that can be deadly if not detected early. Many people believe skin cancer only happens to fair-skinned people, but here's the truth: Melanoma strikes people of all ethnicities. It is the number one cancer in people aged 25 to 29, and the fastest growing cancer in men and the second fastest in women.

Here's what else you should know about melanoma:

Protecting skin from ultraviolet (UV) rays significantly reduces the risk of melanoma and other types of skin cancer. Recognizing early signs of the disease can lead to a 95 percent cure rate. Though summer is approaching, you can contract skin cancer any time of year, so here are some skin-protecting tips:

- **Know your risk.** One bad sunburn, even in childhood, is enough to increase a person's lifelong risk for melanoma substantially. Other risks include frequent sunbathing, indoor tanning and a family history of melanoma. If you are fair-skinned with red or blond hair and light-colored eyes, you are also at higher risk.
- **Give your skin a thorough once-over.** Perform monthly self-exams from the top of your head to the bottom of your feet; this is an effective way to detect early warning signs of melanoma. Practice the ABCDE rule to detect changes in your moles: A is for asymmetry, B is for border, C is for color, D is for diameter and E is for evolving. If you think a mole looks suspicious or has changed shape or color, talk to your physician right away.
- **Don't assume darker skin equals immunity.** One survey showed 46 percent of people believe those with darker skin cannot get skin cancer. This is frightening because although melanoma is less common in darker-skinned people, the risk of late diagnosis with advanced melanoma is higher, and survival rates are lower. The five-year melanoma survival rate for African Americans is only 77 percent; it is 91 percent for white folks. (Note: Reggae great Bob Marley died from melanoma.)
- **Use sunscreen.** Every day. All year long. Period. Dermatologists recommend using the equivalent of a shot glass full of sunscreen for each application. Reapply it every two hours, especially after swimming, working out or during peak UV rays hours (10 a.m. to 4 p.m.). Choose a sunscreen with broad-spectrum protection that blocks UVA and UVB radiation with an SPF of 30 or higher. Though summer is peak time for sun exposure, snow, like water, can intensify UV rays.



Information source: <http://blackhealthmatters.com/its-national-skin-cancer-awareness-month/>

Campus and Community Resources

Campus

Black Faculty and Staff Association: <http://sites.uci.edu/bfsa>

http://www.facebook.com/uci.bfsa?ref=tn_tnmn

Cross Cultural Center; <http://www.ccc.uci.edu/>

Employee Assistance: <http://www.cascadecenters.com>

Ombudsman: <http://www.ombuds.uci.edu/>

Teaching, Learning, Technology Center: <http://www.tltc.uci.edu/>

Office of Equal Opportunity and Diversity: <http://www.oeod.uci.edu/>

Community

NAACP: <http://naacp.org>

OC Black Chamber: <http://ocblackchamber.com>

100 Black Men of Orange County: <http://www.100bmoc.com>

THE Greenlining Institute www.greenlining.org/academy

National Coalition of 100 Black Women of Orange County

<http://www.nc100bwoc.org>

Christ Our Redeemer <http://www.corchurch.org/>

Black In OC http://www.blackinoc.com/Home_Page.php

The Black Market <http://www.theblackmarket.com/index.htm>

