PRESIDENT’S LETTER —James N. Danziger, Emeritus, Political Science

> What have you done for me lately? Ooh, ooh, ooh, yea.

Some of you boomers may still be able to sing the above lyrics from Janet Jackson’s hit song, and for those of you who are members of the UCI Emeriti Association, this is a question you may ask of the UCIEA. As you will read below, not only is the answer to that question good, but for those of you who are not current dues-paid members, part of the answer might move you to send in your modest dues, now! Read on.

The UCIEA is a volunteer organization whose primary focus is to enhance the lives of our emeriti/ae, if only on the margins of what I hope are your positive and enjoyable lives. We try to advocate for you within the UC system, provide you with some interesting events and information, and promote your engagement with the campus and the community. Every year, we work on many issues and provide a number of enriching opportunities for emeriti/ae. More specifically, over the last twelve months, here is some of what we’ve done for you.

First, after a subcommittee of the Regents tried to slide through what some have called “stealth policymaking” to substantially and negatively alter the agreed-upon system of UC support for the health benefits of all retirees (emeriti/ae and staff), UCIEA was among the leaders, along with other emeriti and staff organizations and the Academic Senate, in effectively mobilizing substantial resistance to the policy. The result was that UCOP and the Regents backed off and formed a “Working Group” on which emeriti have a representative, that has spent this year analyzing and exploring options. The Group will report in June, and we will provide input on the proposal that is put on the table. The outcome of this process is very important for your health care benefits.

Second, the UCIEA Executive Committee developed and vetted a set of ten recommendations which built on an element of UCI’s Strategic Plan that calls for greater engagement of emeriti/ae on campus. These recommendations have been described in earlier Newsletters, and gained unanimous support from, inter alia, the Provost, the Academic Senate Cabinet, the Academic Planning Group, and the Senate Council on Faculty Welfare, Diversity, and Academic Freedom. I have discussed these recommendations with the Dean of each School, all of whom are now more aware of ideas for engaging their emeriti and raising their visibility within their school. Several of the Deans have already implemented some of the recommendations in very constructive ways. I will soon go back to each Dean to encourage even more extensive implementation.

Third, one of our recommendations was to create a position on campus called the “Faculty Retirement Liaison”. Among the key functions of this role are both to serve as an institutionalized voice and advocate for emeriti/ae interests in the halls of power and also to counsel faculty prior to retirement on their options and expectations and to help them create a document establishing establishing their relationships with their school and the campus after retirement. Provost Lavernia agreed with the value of this position, and Professor Emeritus Bill Parker was recently appointed as our first FRL, on 20% recall. Along with those of us in UCIEA and at the Center for Retirees, Bill is now an excellent contact point if you have questions or concerns regarding emeriti rights and retirement issues. Contact him at: whparker@uci.edu.

Fourth, another of our ten recommendations was to provide less expensive on-campus parking for emeriti. We then expanded our scope, working with the Retirees Association, to also promote a similar benefit for all UCI retirees. Over the year, we had numerous conversations and gained the support of Provost/EVC Enrique Lavernia, Vice Chancellor for University Advancement and Alumni Relations Brian Hervey, Associate Vice Chancellor of Campus Operations Rick Coulon, Director of Transportation & Distribution Services Ron Fleming, and others. I am pleased to share that May 1ST through September 1ST there will be a pilot program of COMPLIMENTARY PARKING on campus for SOME emeriti and retirees. If you are “ON THE GUEST LIST”, you will be able to drive up to any staffed kiosk, say you have “guest parking”, give your name and show a photo ID, and you will be given an all-day pass for any general parking place on campus. Campus authorities have
determined that, for this pilot program you must meet three criteria to be “on the guest list”: (1) you must be a UCI emeriti/ae or retiree; (2) you must not be receiving any recall-type compensation from the university; and (3) you must be a current member of the UCI Emeriti Association or the UCI Retirees Association. We hope that this great new benefit will encourage emeriti/ae to come to campus more frequently for meetings, mentoring, volunteering, socializing, and so on, without the pain of paying to park.

The majority of emeriti/ae, however, are not current dues-paying members of UCIEA. Our organization survives on those dues. If you have not sent current dues to us, you have been a free-rider on nearly everything we do on your behalf. But, beyond our control, you cannot free-ride during the parking pilot program.

This year, we had a drop in dues-payers to UCIEA when we shifted to sending only an electronic membership form (at the end of the Fall online Newsletter) rather than mailing everyone a physical form. Unlike past years, you had to print out the form and mail it in with a check to enable you to pay your modest UCIEA dues ($30 for one year, and there are also multiyear options). A copy of the membership form is at the end of this Newsletter, and can be printed and mailed. However, another innovation we have just implemented enables you to both complete the membership form and also pay your dues online, using your credit card, as you do for other online purchases. Here is the url: http://connect.uci.edu/UCIEADues

I ask and encourage you to join NOW, for this year, to help us with our current operations (the next annual dues-paying period starts in September) and provide your tangible support for the efforts of UCIEA on your behalf. If you are not sure whether you are a paid member of the UCIEA, send an email to emeriti@uci.edu to confirm your status.

As always, I welcome your comments, suggestions or questions.

Jim Danziger, Professor Emeritus of Political Science and President, UCI Emeriti Association

CALL FOR OUTSTANDING EMERITI/AE AWARD

The UCIEA is looking for nominations for the Outstanding Emeriti/ae Award. This award recognizes a UCI Emerita/us who has not been recalled (or has been recalled for 10% or less), but continues to make a significant contribution to the University’s missions of teaching, research and/or service since retirement. The UCIEA looks forward to providing this recognition for the exceptional contributions of one of our Emeritae/i.

To submit a nomination, please provide the following information:
1. Your name, title and department
2. The name, title and department of the nominee
3. Your relationship(s) with the nominee
4. The duration and nature of the contributions
5. A brief description of the significance of the contributions
6. One additional letter of support
7. Any further information that you feel is relevant

The deadline for nominations is May 25, 2018.

Materials should be addressed to:
Jim Danziger, UCIEA President c/o: UCI Center for Emeriti & Retirees
Emeriti Spotlight

We would like to recognize and congratulate the following emeriti on their continued work.

Professor Emeritus Brook Thomas

of English, has been awarded a Senior Fulbright Teaching and Research Fellowship in American Studies for Spring Semester 2019 at Leiden University, the oldest university in the Netherlands. Read more online here.

Professor Emeritus John R. Miles

of English and religious studies, has been appointed the 2018-19 Corcoran Visiting Chair in Christian-Jewish Relations at the Center for Christian-Jewish Learning at Boston College. Read more online here.

Professor Emerita Judith S. Olson

in the Donald Bren School of Information & Computer Sciences, has been elected to the National Academy of Engineering, one of the highest distinctions for those in engineering and technical fields. Read more online here.

For more UCI Emeriti Accomplishments see our website:
http://sites.uci.edu/emeriti/emeriti-spotlight/

In Memoriam:

We honor and note the passing of the following colleagues:

Frank B. Cannonito Mathematics – 4/7/2018
Donald McKayle Dance – 4/6/2018
William Little Engineering – 3/16/2018
Deepak K. Bhalla Comm. & Environ. Medicine – 3/16/2018
John C. Longhurst Medicine – 2/6/2018
Robert Hickok Music – 1/25/2018
Gerard van Hoven Physics and Astronomy – 1/23/2018
Robert C. Reilly Mathematics – 1/13/2018
Ricardo Miledi Neurobiology & Behavior – 12/18/2017

Joseph L. White School of Social Sciences – 11/21/2017
Tom N. Cornsweet Medicine – 11/12/2017
J Pierce Conaty Medicine – 11/12/2017
Nathan Rynn Physics – 10/31/2017
David McDonald Drama – 10/29/2017
Stuart M. Arfin Biological Chemistry – 10/18/2017
Lauretta Phillips – 10/11/2017
Rae Linda Brown Music – 8/20/2017

FULL list at our In Memoriam webpage: http://sites.uci.edu/emeriti/in-memoriam
UCI PIONEERS REDISCOVER THE MIND — R. Jevning

Many know about the transformative discoveries in the physical sciences made at UCI, such as those about the ozone layer and in particle physics. Perhaps because the work is not mainly physical or technological, fewer know about foundational discoveries made at UCI in the medical sciences. Although we now hear all the time about “mind/body medicine,” holistic health,” etc., most do not know that these fields were initiated in large part by pioneering UCI research.

The “mind/body” saga actually began in the 1930s with the virtual disappearance of “mind” in medicine. In part prompted by the great discovery of pathogenesis by Pasteur and others, medicine steadily became only the province of “microbes” and “scans” or “samples in large populations”, etc. More and more, the patient became a phantom—only an assembly of molecules to be treated by other molecules (drugs). There was no “mind,” nor “mind/body”—just (today) the “human genome.” This adoption of the thought, as well as the methods of the physical sciences, was actually universal, affecting not only medicine, but education, commerce and other fields.

This passive status of the individual manifested in daily life in such ways as the virtual absence of preventive medicine or lack of concern for nutrition, for how can there be prevention without even the idea of volition? In the 1950s, we also saw the disappearance of homeopathic medicine in America—a mind/body system that became unfashionable in the medicine of microbes. Although still a viable system in Europe, in the US it was judged “ineffective.”

Until the 1970s there were few countervailing forces to the “molecularization” of medicine. Then, with famous publications in Scientific American and elsewhere of research on Transcendental Meditation (TM), R.K. Wallace and A.F. Wilson at UCI and UCLA first reported the voluntary ability of the mind alone to affect the body by systematic regulation of respiration, blood pressure, and anxiety. These 1970s articles then led to major changes in thinking about health. For example, prior to this time, the term “stress” was used almost solely to describe problems in rats and monkeys, not a term applied to human disorders that could be averted or reduced. Now, everyone knows about meditation, yoga, exercise and other ways of self-regulation of “stress.” Indeed, it is almost impossible to recall when there was no “stress”, “type-A personality”, “PTSD”, or “anxiety attacks”. More general application of this newly discovered self-regulatory ability became mind/body medicine, holistic health, or “wellness” as it is known today.

Still in its infancy, we do not yet know the full potential of the mind in medicine. If TM can regulate whole body physiology, perhaps it can provide access to physiology at the organ or tissue levels. If stress can be controlled, perhaps so can the effects of the flu, or of heart disease or of cancer.

Ron Jevning, Adjunct Associate Professor Emeritus, School of Medicine & School of Social Sciences

[Editor’s note: Included here is a photo from an article from the Los Angeles Times on December 17, 1978 describing work by Dr. Jevning on his lab studies of meditation at the UCI Medical Center]
AGE AND STAGE IN UNIVERSITY HILLS — K. Chew

Putting aside our academic superpowers—just on my street, for example, to live as a “toxic avenger” (public health), a time traveler (humanities), and a master of ultra-hot flames (engineering)—how much do residents of University Hills (UH) differ from residents of a more “ordinary” neighborhood? In certain areas we differ notably, but not necessarily in the ways that many surmise. First, let’s debunk two common misapprehensions:

Professors, being wise, must also be old. (UCI recruiters suffer a perennial fear that UH, having become a retirement village, no longer has enough homes for new hires.)

Steeped in the life of the mind, professors have no time (much less desire) for families. (This is an Old School view that, like a zombie, never quite dies.)

To the contrary, data show that UH residents, home to just over two-thirds of UCI’s Senate faculty members, are neither any older on average nor any less likely to have families than residents in surrounding communities. A fuller comparison of ages and stages for UH, and for Orange County, is displayed in the skyscraper chart below.

The population shares for each age group vary with the height of the skyscrapers (UH in blue, the county in orange). For example, University Hills has a larger share of infants and preschoolers than the rest of the county (see the “under 5” skyscrapers, far left). Overall, the skyline indicates that:

- University Hills has a somewhat higher proportions of children and youth (0-to-14-year-olds) than the rest of the county, and
- Lower proportions of older residents (aged 70+) compared to the population of the county as a whole (which in turn resembles the state’s population).

Moreover, compared to the county:
- UH has visibly higher peaks among 35-to-54-year-olds, and a dramatic deficit of residents in their 20s.

Altogether, these neighborhood and county age-and-stage differences boil down to a single cause: University Hills, with its combination of lean development costs and below-market resale price controls, exists to support faculty recruitment and retention.

As a “company town,” UH disproportionately houses workers during their ages of highest average productivity. Thus, the largest number among 35-to-54-year-olds. Besides building their careers, these middle-aged workers have grown their households, producing the mild boom in children and youth on the left-hand end of the age spectrum. On the right end of the spectrum, residents aged 70+ are somewhat underrepresented. Decades of assistant professor growth, with most succeeding recruitment classes more numerous than their predecessors, have made for a smaller share of senior faculty members than would be expected on a steady-state campus. This might begin to change when UH (soon?) stops building new residences.

Finally, where are the 20-somethings? The deep notch results from the late start in academic careers: assistant professors are typically hired in their 30s. That excludes 20-somethings, unless they are the children of faculty parents.

Except for its unusually modest share of young adults in their 20s, the collective profile of ages and stages in University Hills does not differ strikingly from those in surrounding communities. As to our occupation-related superpowers, these too are generally invisible to casual observers.

A demographer, Ken Chew is Professor of Teaching Emeritus in the School of Social Ecology and also is Scholar-in-Residence at the Irvine Campus Housing Authority (ICHA), the non-profit entity that developed and manages University Hills.
UPCOMING EVENT

UCIEA Annual Meeting featuring Dean Song Richardson

Outstanding Emeriti Award recipient awarded + food and drink

Date: Thursday, June 21, 2018 @ 11:00am
Location: Newkirk Alumni Center, 450 Alumni Ct.
Parking: Lot 14
RSVP: emeriti@uci.edu
More Info: http://sites.uci.edu/emeriti

UCI Emeriti Association

c/o: The UCI Center for Emeriti & Retirees
450 Alumni Court, Irvine, CA 92697-1225
Email: emeriti@uci.edu
http://sites.uci.edu/emeriti
Please send this page in with your dues. Thank you for your participation.

Fill in contact information below ONLY if it is DIFFERENT than that to which we mailed.

Name:___________________________________________________________________
Address :_________________________________________________________________
________________________________________________________________________

Email Address (to save Paper!):_______________________________________________

Dues Contribution: 1 Year _____ $30  10 Years _____ $275
3 Years _____ $80  Lifetime _____ $500

Suggestions for programs, topics for discussion, etc...: ___________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Please make checks payable to:

UCI Emeriti Association –or- UCIEA

Please mail to: c/o: UCI Center for Emeriti & Retirees (you may use “CER”)
450 Alumni Ct., Irvine, CA 92697-1225