

## Writing #1

Sienna Kuo

Smartphones have proven to be useful tools in recent years and we as a society have become dependent on them for almost everything. Smartphones like the iPhone or Samsung Galaxy are essentially portable computers with the capacity to do more than your average laptop or desktop. Setting limitations to them would not prove helpful in any way because people would still try to find a way to use them if they were limited in any way. According to Twenge's article, "Have Smartphones Destroyed a Generation?" she contradicts herself by initially stating all the negative impacts smartphones have created, but then immediately and readily admits that technology may not actually be the sole cause of this. However, she does not actually follow her statement up with any evidence of how smartphones have "destroyed" a generation. Personally, I would not say smartphones have destroyed a generation, but rather it has changed from previous generations and people from past generations cannot see it as anything more than destruction. I say this from personal experience with my Aunt as she quite frequently tells me that my millennial mindset is what is putting me back. She tells me that I am too dependent on my phone and technology overall to actually progress myself, however, I often find her to be on her smartphone more than myself.

Twenge's article presents a very narrow scope of how times have changed. The cost of living for example, has become exponentially higher than when she was growing up and the facts that she has proposed do not compare to times now. Setting limitations on smartphone usage should not be a governmental involvement, but rather something you do by yourself for your own good. Setting your own limitations on how often you use your phone could also show self-discipline. Overall, with the case of smartphones, pressing ahead would be the best choice out of all things because it would be your own doing and not being confined by what the government would want. Setting your own limitations on usage is much more beneficial towards the individual as opposed as having someone else tell you how you should use something.