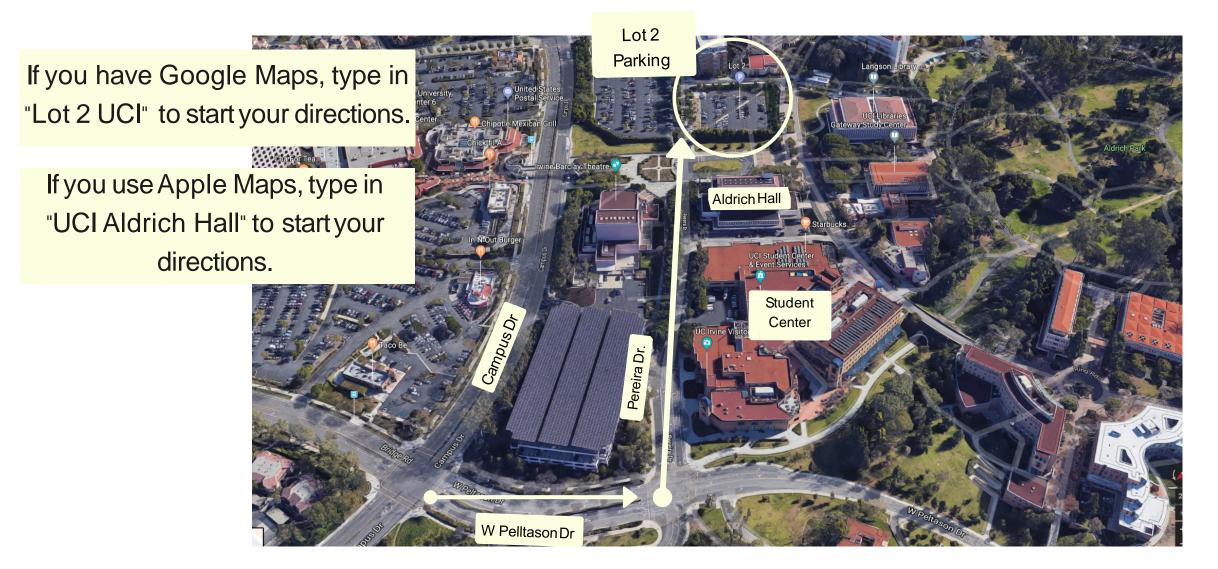
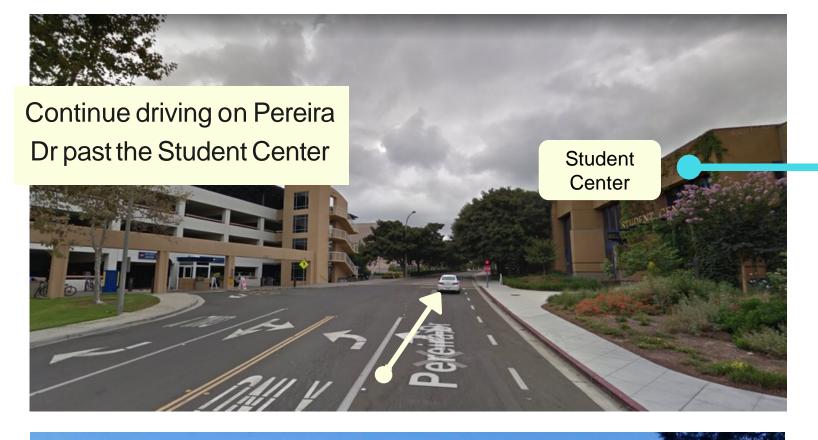
Directions for

your MRI Visit









You will pass Aldrich Hall and the Bus Loop.



- There will be two parking lots park in Lot 2. If it is full, park in Lot 1.

 Lot 2
- Park in the space that says,
 "THIS SPACE RESERVED
 EXCLUSIVELY FOR: FIBRE"
 (first row, spot closest to the building)
- Text 949-441-0271 to let us know you are here, and a research assistant will meet you at your car to accompany you into FIBRE!



Important Reminders for your

MRI Visit

Inform our team if you have had any medication changes since your last visit (including antibiotics, steroids, etc.)

What to Wear:

- In preparation for your MRI sessions, please wear loose-fitting, comfortable clothing without metal closures, under-wires or metal embellishments.
- DO NOT wear sportswear that is anti-microbial or anti-bacterial (such as Lululemon).
- Remove all jewelry and hair accessories, including wigs, hairpieces, and extensions
 with metal clips/pin prior to the scans. Be aware that you will need to remove all
 piercings, including new piercings.
- Please limit makeup and hair products. Makeup containing glitter should <u>not</u> be worn.
- You will be asked to remove <u>everything</u> from your pockets, including IDs/credit cards, keys, pocket knives, money clips, etc. The scan will deactivate the magnetic strip on your cards. You will be asked to take out any retainers and removable dental work.
- If you wear glasses, you will not wear these in the scanner. If you wear colored contacts, you must remove them prior to your scan.

Important Safety Information

- Prior to your scans, you will complete an MRI Safety Information Form. Please alert the
 research staff if you have any questions or concerns. We will do everything we can to
 ensure your comfort in the scanner.
- Please tell the research staff if you have any of the following:
 - Anxiety regarding the scans or claustrophobia
 - Permanent dental work: fillings, bridges, braces, retainers, etc.
 - Tattoos or piercings, permanent makeup
 - Hairpieces or extensions, especially with metal clips or hairpins
 - Possibility of being pregnant
 - Previous injury involving metal
 - Internal defibrillator or pacemaker
 - Cochlear implant
 - Aneurysm clips
 - Implanted drug infusion ports
 - Metal or artificial joints, pins, screws, plates, stents, staples, etc.
 - Implanted nerve stimulator
 - Medication patch

