UCI EMERITAE/I NEWS

Vol. 4, No. 1

October, 1997

CHAIR'S COLUMN by Jerome Tobis, M.D.

A meeting of the Council of University of California Emeriti Associations (CUCEA) was held at UCLA on April 24, 1997. Kivie Moldave and I represented the UCI campus. Sheen Kassouf of this campus attended as the treasurer of CUCEA.

A major portion of the meeting was a talk by Harold Simons of UCSD on the current status of the university health care benefits. Professor Simons is a physician, has served on the system wide welfare committee, and is very knowledgeable about health care policy. He made the following points. (See page 2)

Conservatorship: The Psychological Toll by Linda Davis Nelson, Ph.D. and Kim R. Hubbard, J.D.

Elder individuals (over age 65) who are unable to provide for their personal and financial needs may find themselves under conservatorship. There are two types of conservatorship in California: LPS and PROBATE. An LPS conservatorship is established under the Welfare and Institutions Code for those individuals suffering from a mental disability and/or substance abuse. A PROBATE conservatorship is established under the Probate Code for individuals who are unable to provide for their day-to-day needs. (See page 2)

Looking Backward and Forward by Joanne Euster

As I write this, I am in my last day as UCI's University Librarian, a post I have held since July 1992. The UCI Libraries have been through a period of unprecedented change, and while I'm sure there will be decades more change to come, at the point of retirement my inclination is to reflect backward on the phenomenal changes since I became a librarian.

Consider: when I graduated from the School of Librarianship at the University of Washington in 1968, most catalog cards were individually typed and filed. By the time a decade had passed, cards were produced from a national computer database in Ohio. Today we use that same database— grown to more than 35 million bibliographic records—to transfer computerized catalog information directly into ANTPAC and Melvyl®. (See page 3)

Academy of Lifelong Learning by Rose Moldave

(See page 4)

Not a Spare Moment by Colin Slim

(See page 5)

Chair's Column (Cont'd)

- A premium adjustment by the University is in the offing because of unfairness.
- The University is likely to replace indemnity insurance by a managed care system. However, no commitments to make this change have been made as vet.
- Over 60% of the insured population in San Diego County is in managed care (Orange County is probably in this same range -JST); whereas it is only 22% for the whole of California and 20% throughout the nation.
- 4. Dr. Simons believes that managed care programs are becoming more user friendly. (If this is the case it is probably the result of external forces bringing pressure to bear on their performance, e.g., state governments, medical organization and consumer groups -JST).
- By the year 2000, there may only be 2 or 3 HMO's in California due to consolidation or mergers.
- Consultations for second medical opinions are becoming less popular or less readily reimbursable. The "locked in" provision (which signifies that treatment outside the HMO is not reimbursable) will expand in the future.
- Dr. Simons believes that preventive services may be unfavorable for HMO's because of actuarial considerations. If people live longer, they are likely to need more medical care.

On other matters, CUCEA has been influential in changing the university policy requiring surviving spouses to withdraw all remaining funds in their university accounts within a nine month period after the death of the emeritus member. This deadline will be postponed to enable the surviving spouse to have more time to make the necessary transfer of funds.

There is a movement afoot from several universities to attempt to establish a nationwide organization of emeritae/i.

As CUCEA acquires more experience and its membership enlarges, its influence on

policies of the University is likely to increase.

Jerome S. Tobis -

Conservatorship: The Psychological Toll (Cont'd)

Establishment of an LPS conservatorship may only be instituted by the county Public Guardian's office after the individual has been hospitalized for psychiatric observation and evaluation by the police or a mental health team. An LPS conservator has the right to place the conservatee in a locked facility.

In PROBATE conservatorships, the proceeding may be initiated by the proposed conservatee or any interested person. In probate, a caring stranger could bring the petition. Evaluation of competency of the conservatee is made by the court, pursuant to Probate Code section 811. The conservator takes complete responsibility for the conservatee's person and finances. Unlike an LPS conservatorship, the PROBATE conservator does NOT have the right to place the conservatee in a locked facility.

Regardless of type of conservatorship established, conservatees lose what autonomy they possessed. The last vestige of independence is removed and, in many cases, it becomes necessary to take conservatees from their home and place them in a facility.

Despite the fact that such action may be legally necessary, what is the emotional and mental effect of that loss of independence and/or familiar surroundings? Depression is common. According to the study *Elder Suicide*, conducted by the American Association of Retired Persons, "Americans over 65 have a suicide rate...50 percent higher than that of the general population and represent the age group most at risk for suicide." Suicide among the elderly may be slow (by refusing to eat or take proper medications) or quick (lethal instrument or drug overdose). Feeling the sudden loss of control over their lives often follows loss of

Conservatorship (Cont'd)

independence. Severe depression can follow. Unfortunately, signs of depression are not always clear. That's why any "cry for help" needs to be taken seriously.

We know that older individuals in these situations are especially vulnerable to depression. Many are alone in this world, without the support of interested, caring, involved family or friends.

In Orange County there are many resources for senior citizens and their families to find out more about conservatorships and what their rights are under the law. Elder law attorneys are one such source. The newly established Fiduciary Abuse Specialist Team (FAST) is another. Adult Protective Services fight and protect against all forms of physical abuse. The UCI Academic Geriatric Resource Center is set up to help professionals and the community learn more about these issues.

Be informed. Plan for the future. Talk to your family. Consult professionals. It's never too late to learn.

Linda D. Nelson is a psychologist and Program Planner/Administrator of the UCI Academic Geriatric Resource Center. Dr. Nelson lectures and teaches in the area of gerontology. She serves as a member of the Orange County Fiduciary Abuse Specialist Team.

Kim R. Hubbard has been a practicing attorney for over 18 years. She is a sole practitioner, specializing in the area of elder law, in Newport Beach, California. A good part of her practice is comprised of conservatorship cases and long-term Medi-Cal planning.

Looking Backward ...and Forward (Cont'd)

More dramatic, the distinction between the catalog, indexes, abstracting services and the content of journals and some books has

blurred. Even a decade ago these were found almost exclusively in bound volumes on shelves. Those sources now are found in the same terminals or workstations as the catalog, and increasingly the content is directly linked to catalog data, all accessible from the scholar's office, lab, or home.

How easily we adapt to the useful changes, and integrate them into the way we conduct our lives! But not all changes are so comfortable, however real and urgent they are. For example:

- Budgets are not what they were in the heady days of the late 1960s. The public and legislatures are increasingly convinced that higher education, including libraries, is simply too expensive. Whether they are right or wrong, this opinion will continue to keep our budgets tightly in check.
- Publishing has become less the province of scholarly societies, university presses, and benevolent family publishing houses, and is now primarily a component of international media conglomerates, interested in maximizing profits, not in promoting exchange of information and ideas.
- Today we face annual needs for hundreds of thousands of dollars to replace equipment, add new terminals and other equipment, support maintenance, and purchase supplies.
 Digital information is often an add-on cost, over and above the print version.
 Consequently, although collections budgets have remained more or less static (with growth more than wiped out by skyrocketing costs), staffing has shrunk and the proportion devoted to "other" has doubled.

Can libraries cope and adapt to what looks like a double bind, caught between rosy technology-assisted potential and gloomy fiscal reality? Of course. The earliest academic libraries go back to the founding of the first colleges, yet the American university library at the end of the 19th century bore limited resemblance to that of the early college, just as UCI's libraries

today would be confusingly inaccessible to a time traveler from 1900. Libraries conserve, but they also change, testing and choosing

Looking Backward...(Cont'd)

as they go. Some of the UCI Libraries choices:

- To use automation to make users self-sufficient wherever we can. Express
 Checkout, which resembles a bank ATM used to check out books, and electronic reserves are highly popular with students. More user-friendly Melvyl ® and ANTPAC service is resulting from developing Web browser versions.
 Other examples abound, and more are in the wings.
- To collaborate more closely UC-wide so as to produce better information access across UC and help to keep the cost of digital information down. UC's California Digital Library, now in development, is the nucleus, but it is paralleled by better and faster sharing of paper collections systemwide as well.
- To place greater emphasis on generating outside resources to support collections and services, particularly those that are heavily used by the broader community. Community users are asked to bear more of the true costs of their use of the Libraries, through library cards, contract and fee services, partnerships, and philanthropy.

What does the future hold? More of the same, which is to say that the present trends will continue, partially in the same directions, and frequently in directions not yet anticipated. The UCI Libraries have a truly fine and dedicated staff, highly skilled in planning and carrying out library operations of all kinds. Shirley Leung, known to many of you as Associate University Librarian for Research and Instructional Services, will be Interim University Librarian while the search for a permanent successor is completed. She is a talented librarian and administrator, and I

have full confidence in her ability to guide the Libraries during the coming months.

You, too, can take an important role and help to preserve and build a fine research library for present and future generations of students and scholars. As you decide what part of your carefully built personal collections should be preserved, consider the UCI Libraries as the repository. Papers relating to your research are often important and unique additions to the manuscript collections. And, of course, remembering the Libraries with planned or current gifts of cash will earn you warm thanks as well! You'll be investing in a timeless resource.

Joanne R. Euster -University Librarian Emerita

Academy of Lifelong Learning by Rose Moldave

After a year in the planning, the Academy for Lifelong Learning, under the umbrella of University Extension, is getting underway.

Known generically as Institutes for Learning in Retirement (ILR), the first one was established in 1962 at the New School for Social Research in New York City. That Institute now has over 600 members and 80 study groups. Some of the other schools to adopt that model are UC Berkeley-Extension, UC San Diego-Extension, CUNY's Brooklyn College, Harvard, American and Duke Universities. Presently, over 200 such programs in the United States and Canada are in existence.

ILRs are membership organizations of local retirement age or near retirement age learners who plan, organize and conduct educational courses for themselves and the community. Many enthusiastic retirees enrolled in such programs are former educators, physicians, homemakers, attorneys, artists, business people, etc., and commitment to lifelong learning is the only criterion for becoming a member. There is not a specific model for an ILR because each is created by the participants. All

curriculum planning and organizational activities are carried out by volunteer committees formed from the membership.

Academy of Lifelong Learning (Cont'd)

The curriculum usually includes lectures, study/discussion groups as well as socially and educationally oriented field programs. Such a program should interest many retirees at UCI and people in the community as well as draw on local talent and resources.

It is gratifying that Philip Nowlen, Assistant **Executive Vice-Chancellor of University** Extension, Continuing Education, has agreed to house the program in his unit. This sponsorship by the University allows the Academy for Lifelong Learning (which the program at UCI will be called) to draw on the resources of the Elder Hostel Institute which has helped many such organizations to become established around the country. Its assistance has been most valuable by supplying groups with ideas for curriculum, models for organization and resource material. It has also established a network whereby ILRs can keep in touch with each other and benefit from each other's ideas.

It is hoped that the Academy for Lifelong Learning will fill an unmet need by providing additional educational opportunities to those individuals interested in lifelong learning.

Rose Moldave -

Not a Spare Moment by H. Colin Slim

After retiring in June 1994, I continued to publish and to lecture about musical iconography. My interest also continues in the music of Igor Stravinsky.

Research in musical iconography has involved transcribing into modern notation and (whenever possible) identifying music which visual artists up to about 1600 have depicted in their works. At least as

important as these endeavors has been the task of discovering why the artist took the trouble to inscribe the music.

To mention only recent efforts, I was the final speaker in May 1996 at the Getty Center during a three-day conference by art historians on Dosso Dossi (c.1490-1542). My topic was the painter's Allegory of Music at Florence (Museo Horne) wherein I had identified two elaborate canons, one by Josquin des Prez, about which I had already published in the Journal of the American Musicological Society (1990). Interpreting the allegory for the art historians utilized information found in both canons.

Two recent Renaissance scholars. Professors Frank A. D'Accone of UCLA and Lewis Lockwood of Harvard, have received the results of recent research in their respective Festschrifts. For D'Accone's volume (1996) I submitted "Bernardo Morandolls La Rosalinda of 1650: Visual. Dramatic, Literary, and Musical Progeny." This essay analyses musical and other aspects in the exceedingly tedious 700 pages of a once famous rescue novel, the spine of which is depicted in a painting by Evaristo Baschenis (1617-1677) with stylized musical notation and musical instruments. For Lockwood's volume (1997) I wrote an essay, "Multiple Images of Bartolommeo Veneto's Lute-Playing Woman (1520). It reproduces all 20 replicas of this painting which contain an unidentified, but probably late 15th century piece of dance music. For a conference at Milan this October on the lutenist-composer Francesco da Milan (1497-1543), the subject of my first iconographical article in 1964, the materials of the Lockwood essay will figure in my lecture. It points not only to Milan as the source of Bartolommeo's image, but suggests that it could originate in a drawing of a lutenist's hand made there. c.1485-90, by Leonardo da Vinci.

For some years a desultory collector of Stravinsky, I have become much more active after retiring, because of greater time and, especially, income. As of this date the collection comprises 85 pieces. It includes items dating from 1911 in Rome, where Stravinsky was finishing <u>Petrushka</u>, up to his 1971 funeral poster from Venice (the latter kindly donated by my retired colleague Professor William C. Holmes who attended the funeral there).

Not a Spare Moment (Cont'd)

In June 1994 the UCI Music Department presented me with an autograph postcard of 1940 sent by the Stravinskys from Mexico City to Mr. and Mrs. Edwin McQuoid in Los Angeles. Donated by Mrs. Dorothy McQuoid Hopper (1911-; she remarried after McQuoid's death in 1950), the postcard was part of her collection of Stravinskyana dating from 1939-1942, all but one item of which I have now purchased. As important as preserving the integrity of her collection. interviews with her have documented her own and her then young family's involvement with the great composer. Similarly, I have prevented dismemberment by uncaring dealers of another historical collection (this time in its entirety) of 13 musical autographs by Stravinsky and a letter from him (all from 1937) which belonged to a music loving woman. Mrs. Clara Gehring Bickford (1903-1985) of Cleveland.

Famous addressees and persons mentioned in my collection of Stravinsky's correspondence are Rimsky Korsakov, Colette, Diaghilev, Cocteau, Victoria Ocampo, Huxley, T.S. Eliot, Spender, Dylan Thomas, Lincoln Kirstein, and Dino de Laurentiis. With the latter, the 82-year old composer still hoped to break into the lucrative business of writing movie music!

The most significant items are undoubtedly two musical manuscripts. One is a page of pencil sketches by Stravinsky made in Paris in 1923 for his transcription for player piano of his <u>Svadebka</u>, most of which sketches are now in the Pierpont Morgan Library, New York. The other is his calligraphic manuscript on 14 pages of transparencies: his arrangement for two pianos of the <u>Scherzo A la Russe</u> copied by him in Hollywood in 1944 at the same time he

composed this work for Paul Whiteman's jazzband.

While assembling these materials, I am writing a <u>catalogue raisonne</u>. I expect to publish it when I donate this collection — after it has grown to 100 items — to a research institution. Meanwhile, the first research stemming from this collection is "Stravinsky in wartime America: co-opting popular culture and the <u>Scherzo A la</u> Russe (1943-44)," a seminar I shall hold at the University of Toronto late this September.

Colin Slim - Music

Privatizing Advocates for the University of California A Proposal to Help Annuitants Resolve Health Care Conflicts Julian Feldman

We urge the University of California to provide a system of patient advocates to assist UC annuitants in solving problems with health care providers and insurers.

The need for help: Efforts to reduce the cost of health care and the associated shift to managed care have created an increased level of conflict between patients, health care providers, and health care insurers. This increased level of conflict has been recognized by actions and proposed actions at both the state and federal level, but the problems remain.

The conflicts include issues of medical treatment, billing, and dispute resolution. Health care insurers have refused to authorize payment for treatments recommended by physicians. Insurers do not respond reasonably and promptly to bills for services. And efforts to resolve disputes drag on interminably.

Services currently available: The University through its human resources offices provides some modest help to active employees to resolve disputes with health

care insurers. However, campus human resources personnel are not available to help annuitants with similar problems. Campus ombudsmen do not have the resources to help annuitants. The dispute resolution provisions of insurers do not meet the needs of most annuitants.

Proposed services: We urge the University to use some of the savings accrued from shifting annuitants to managed care to provide help to annuitants to solve the

Privatizing Advocates for the University of California (Cont'd)

problems created by the shift to managed care and to obtain the quality of care the University intended the annuitants to receive.

This help for annuitants is required at the Office of the President level as well as at the campus level. Patient advocates at the OP level can help annuitants not living near a campus and can help resolve conflicts related to the UC agreements with insurers. Patient advocates at the campus level can help annuitants by providing information and by intervening on behalf of annuitants.

The University, like any organization buying services, should make sure (1) that the health care insurance being provided to annuitants is meeting the terms of its contracts with these insurers and (2) that the health care insurance is meeting the needs of annuitants. Patient advocates will be a major source of information to help the University audit the performance of insurers.

Notes

- This proposal is based on experiences at the Irvine campus. If experiences and arrangements are different at other campuses, these experiences and arrangements can be used as a model for those campuses lacking patient advocates.
- The Chair of CUCEA, Ralph Turner, has suggested that this proposal deal with a number of details, e.g., who pays the patient advocates? Who selects the

patient advocates? Will the patient advocates help active employees? How can this proposal gain administration approval?

JF's view is that CUCEA should approach the administration with an "in principle" proposal and try to negotiate the details after convincing the administration of the need for patient advocates and of the University's responsibility to meet that need.

4. JF has not included detailed references to state and federal proposals in this area and has not included case histories. He has assumed that these proposals are generally known and that case histories are also well known.

Julian Feldman
Professor Emeritus-Information and
Computer Science

UCI Medical Center and Outside Health Systems

We have asked the two speakers of the Spring luncheon to provide us with a summary of their remarks:

Jon Wiener - Professor of History Mark Laret - Medical Center Exec, Director

Privatizing the UCI Medical Center by Jon Wiener

The two hospital chains chosen by UC Irvine administrators as finalists in the competition to see who gets to privatize the UCI Medical Center have each faced extensive fraud investigations. The investigations raise questions about whether either Columbia/HCA Healthcare Corp. or Tenet Health Care Corp. should be allowed to lease and operate and profit from the institution, which is currently non-profit and run by the state.

Columbia is a company whose name is becoming synonymous with "fraud." It has been the subject recently of front page exposes in the New York Times and the Wall Street Journal, and investigations by The New England Journal of Medicine and "60 Minutes." The basic problem is Columbia's intense, burning pursuit of profit, which has led to charges of criminal and unethical conduct.

Privatizing the UCI Medical Center (Cont'd)

The New England Journal of Medicine reported in August that Columbia "has targeted and achieved a formidable corporate goal of a 20 per cent gross return on revenues Chief executives of company hospitals who fall short of this goal are regularly called to corporate headquarters in Nashville to explain, and are ordered to redouble their efforts."

How does Columbia turn hospitals like the UCIMC that lose millions each year into institutions that turn a 20 per cent profit? They fire hospital staff, reducing quality of patient care; and they engage in fraudulent billing, especially of Medicare. Indeed Columbia is currently being investigated by the FBI for fraud and conflict of interest.

Does that mean its rival for UCIMC. Tenet Healthcare Corp., is preferable? Tenet has not only been accused of fraud; Tenet has pled guilty to fraud charges. Tenet began life under a different name: National Medical Enterprises (NME), a giant health care conglomerate based in Santa Monica. NME has been the target of hundreds of lawsuits and government investigationsand was accused of orchestrating the nation's biggest health care fraud ever. In 1994, NME admitted guilt to seven felony charges in a government probe of fraudulent billing and illegal kickbacks at its psychiatric hospitals. The firm paid \$379 million in fines and penalties, pleading guilty to six counts of Medicare fraud and one

count of conspiracy to commit Medicare fraud. This was the highest fine ever levied in a medical fraud case.

NME's crime was twofold: first, the company's psychiatric division paid kickbacks to professionals to refer patients to its hospitals—those receiving kickbacks included probation officers and members of the clergy. Second, and worse, some patients were held against their will, until their insurance coverage ran out-at which time NME discharged them. Thus the Regents will choose between a company currently under investigation for fraud and one that pled guilty to fraud and paid the largest penalty in history. Are these really the only alternatives?

UCI officials say the Med Center has to find a private profit-making partner because it lost \$8 million in its fiscal year ended June 30, 1996. But the year before it had an \$11.5 million surplus. And the surplus for fiscal 1997, according to the Orange County Register, could approach \$10 million. If UCIMC had a \$10 million surplus in two of the last three years, maybe it doesn't need Columbia—or Tenet—to lease and run the hospital.

Comments from Mark Laret

I would first like to thank the Emeritae/i for organizing the discussion about UCI Medical Center and its proposed business affiliation with Columbia or Tenet. The Medical Center and College of Medicine operate in a very difficult and increasingly complex business environment in order to support the academic missions of teaching and research. Our open, widely discussed planning process over the past year has led UCI to the point that we believe that leasing UCI Medical Center to Columbia or Tenet is the most responsible course of action we can take. It was not an obvious conclusion for any of us involved, but we believe it is the best available option.

All of us at UCI take the media reports about Columbia and Tenet seriously, as do the Regents. As we are processing with due diligence, it's worth noting that other organizations are making similar commitments. The University of Oklahoma has entered into an agreement with Columbia to operate the University Medical Center, an action that was approved by the state legislature and governor in May.

I look forward to continuing discussions with the Emeritae/i.

Mark Laret, Director, UCI Medical Center

<u>Chancellor Comments on</u>
Latest Meeting with the Regents

On September 17th, Chancellor Laurel L. Wilkening updated the University community about the latest meeting with the Regents:

"After exploring the possibilities of a longterm lease of UCI Medical Center to an outside health system, we have determined that at the current time it is better financially to continue as a UCI hospital.

The hospital's financial outlook has improved recently as a result of supplemental funding provided by the state legislature to the medical center for its disproportionately high share of indigent patients and for the increased cost of medical education."

Obituary

We are sorry to report the death of our former colleague, Professor Emeritus Ernest A. Ball. Professor Ball retired from the Department of Developmental and Cell Biology in 1977. He was renowned as an expert in plant tissue culture. After retirement, he developed techniques for the propagation of coastal redwoods and in 1979 donated a grove of redwoods to the UCl campus. They lie behind the present Science Library and are doing well.

His body was donated to the University of California, San Francisco. Memorial services were held at his home in Santa Cruz, CA on September 6, 1997. Friends may wish to express their condolences to Carol Ball, 422 Sims Road, Santa Cruz, CA 95060.

The next Emeritae/i Executive meeting will take place at 9:00a.m. on November 3, 1997 at the UCI Conference Center, Mesa Office Building. Everybody is welcome to attend.

Other Emeritae/i News

Replacing Charles Likas will be Kristy Koopman, who will be available to help coordinate the Emeritae/i newsletter and other needs of the Emeritae/i Association. She can be reached at (714) 824-6204 between the hours of 11:00am and 3:00pm for an appointment, or by e-mail at kmkoopma@uci.edu. She is a senior at UCI, majoring in English, and was hired by the Academic Council office last month.

The Executive Committee wishes to welcome the following new members:

Stephen S. Barker
Deepak Bhalla
Monte S. Buchsbaum
Martin Colman
Anne Cruz
Leonard Ferrari
Louis Gluck
Michael Green
Warren Hehre
Walter Henry
Ruth Kluger

David Laberge Richard Light Yuji Murata Spencer Olin Bryan Reardon Donald Summers Gary Thom Howard Waitzkin Peter Woodruff

Notice of our Fall Luncheon Meeting

Date: Tuesday, December 3rd at 11:30 a.m.
Where: Lunch at the University Club, UCI
Speaker: Our former U.C. President and UCI Chancellor
JACK PELTASON Ph.D.
scholar and author of one of the major college textbooks on
American Government and the Supreme Court will speak on

The U.S. Supreme Court and American Politics

Notice: MAKE RESERVATIONS EARLY, as this fine program will be shared jointly with the University Club's regular forum. Telephone: 824-2555

Our lunch will be the Club's excellent regular buffet. Go to the line to select yours and pay for it there. Some of our members, who are also Faculty Club members, will gladly help. Incidentally, you might wish to join our fine University Club. There are application cards at the tables.

For additional information please call: Warren Bostick (Pathology) 644-5745

1997-1998 Emeritae/i Association Executive Officers:

Jerome Tobis, Chair Sam McCulloch, Vice Chair Sheen Kassouf, Treasurer Richard Friedenberg, Recording Secretary Grover Stephens, Corresponding Secretary Louis Gottschalk, Past Chair

1997-1998 Emeritae/i Associaion Editorial Board

Renee Hubert, Editor Judd Hubert, Editor Myron Simon, Editorial Board Chair Jerome Tobis, Ex Officio Warren Bostick, Chair of Program Committee

the control of the

*Dues for UCI Emeritae/i Association are voluntary, yet more than welcome: Mail \$25 checks to Sheen Kassouf, Department of Economics, University of California, Irvine, CA 92697.