



OUR STORIES

A Unique Storytelling Workshop

From LAGUNA PLAYHOUSE

What is Your Story?

We all have a story to tell about our lives, the challenges we've faced, and how we've overcome them.

We Want to Hear Yours!

About the Program

Our Stories program provides a safe space so that participants feel comfortable to openly share about their life and life experiences.


Using storytelling, improvisation and performance, students use their own life experiences to create original dramatic works.

Benefits Include


- Increase self confidence and communication skills
- Strengthen sense of community because of the collaborative effort involved
- Promote awareness about behavioral health issues
- Build resiliency and protective factors
- Reduce risk factors, stressors, and stigma related to behavioral health
- A feeling of artistic accomplishment that may have seemed beyond the reach of participants before they began the program
- Increase support through access to information and resources in the community


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lagunaplayhouse.com/
our stories

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Workshops

Our workshops are specifically tailored to the organization and participants that it serves.

Programs can be designed for online participation, or in person at the venue of a participating organization.

- 6 to 12 week workshops available
- 1 to 3 sessions per week available
- Sessions run between 90 minutes to 2 hours long
- Workshops serve between 8 and 18 participants

Workshops culminate in a final project publicly shared with community, family and friends

- Fully Scripted Theatrical Performance
- Film/video Performance
- Informal Sharing with Invited Group

Participant Requirements

- Internet Access
- Private/Quiet location
- Writing supplies
- Preferable - Electronic Device with Photo and Video Shooting Capability
- Zoom application on device
- Participants must sign a participation waiver prior to start of workshops

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is for anyone who wants

- To work on a creative project with a supportive group
- To learn about playwriting and theatre making

No prior acting, writing or theatre experience is needed!

Laguna Playhouse and its Mission

Our Stories is the newest initiative of the Laguna Playhouse Education & Outreach Programs.

Built upon more than 50 years of providing Youth Theatre and Educational Outreach in Orange County, the Playhouse is proud to continue it's mission to enrich lives through the magic of live theatre and to provide educational opportunities for children, adults, and the community.

To schedule **Our Stories** for your organization, or for more information about this or any of our programs offered through Laguna Playhouse Youth Theatre and Outreach, please contact Erin O'Flaherty at eoflaherty@lagunaplayhouse.com or 949.500.0508.