





Social Ecology **Physical Sciences**

Medicine





Biological Sciences

Education

Effective Mentoring: Mentoring Training & Professional Development

Oct 7 - Dec 16, 2021; Online

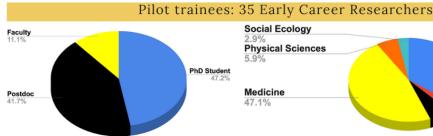


Based on the Mentoring Curriculum offered by



EFFECTIVE MENTORING

Mentoring Training & Professional Development





7 Learning Modules (1.5 hrs each)



(Pre- & Post-workshop) Post (N=23) How capable are you in each of the following Not skilled at all Moderately skilled Extremely skilled mentorship areas? 3 4 6

Aligning Expectations with your Mentees

Understanding your Impact as a Role Model Helping your Mentees Acquire Resources (e.g. grants, etc) Identifying & Accommodating Different Communication Styles Coordinating Effectively with your Mentees Stimulating your Mentees' Creativity Helping your Mentees to Network Effectively Working with Mentees to Set Clear Expectations of the Mentoring Relationship Considering how Personal & Professional Differences May Impact Expectations Accurately Estimating your Mentee's Ability to Conduct Research Employing Strategies to Enhance your Mentees Skills Taking into Account the Biases & Prejudices You Bring to the Mentor/Mentee Relationship Helping your Mentees Set Career Goals Active Listening Establishing a Relationship Based on Trust Working with Mentees to Set Research Goals Working with Mentees to Develop Strategies to Meet Their Goals Accurately Assessing your Mentee's Level of Scientific Knowledge

Establishing Strategies to Improve Communication with Mentees

Building your Mentee's Confidence Negotiating a Path to Professional Independence with your Mentees Working Effectively with Mentees whose Personal Background is Different from your own. (e.g. race/ethnicity, gender, culture, family composition, etc)
Helping your Mentees Balance Work with their Personal Life

Providing Constructive Feedback Acknowledging your Mentees' Professional Contributions

Motivating your Mentees

Overall Course Satisfaction



Acknowledgements



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