

FACULTY-LED PROGRAM "PUBLIC HEALTH IN BALI"



ABOUT THE PROGRAM:

Immerse in a transformational learning opportunity at the Bali Institute, a premier world-class learning center in beautiful Bali, Indonesia! As you study public health principles and examine health and disease, you will also have the unique opportunity to work with an NGO to investigate, monitor, and identify health problems and hazards in the local Balinese community.

Included

- 30 nights in Balinese-owned hotels in shared rooms.
- All breakfasts, 24 lunches, and 5 dinners.
- Pickup/drop off at Denpasar Airport.
- Field trips and transportation during the program.
- UC Travel Insurance.

Not Included/Out of pocket expenses

- UCI Summer Session fees.
- Transportation from home to airport.
- Round-trip airfare.
- Visa costs (if applicable).
- Additional meals.
- · Activities outside of the program itinerary.
- Personal expenses.

Want to know more?



UCI Study Abroad Center studyabroad@uci.edu



*Cost subject to change based on enrollment.



COURSE OFFERINGS*

- Participating students must enroll in both courses
 PH 144 and PH 159.
- This program is open to all majors, prerequisites are not required.
- Pay for only 8 units and get 10 units by signing up for PH 198.



*For questions about course offerings, please reach out to Dr. Zuzana Bic at zbic@hs.uci.edu







PH 144 Health Behavior Theory 4 units

The goal of this course is to introduce a set of theories that are the foundation for understanding and changing health behavior. This course first focuses briefly on understanding what is the purpose and value of theory and why it is relevant to the study of health behavior. The main focus of the course is on major theoretical perspectives from the social and behavioral sciences commonly applied to understand the social and behavioral mechanisms of health.

PH 159 Public Health Nutrition 4 units

The what, why, and how of public health nutrition. Specifically, learners will examine what are the foods that people choose to eat based on dietary guidelines and perceptions about healthy dietary patterns, why people eat the foods they do by examining food politics, marketing, and disparities that exist within the food system, and how to make people's diets better by examining evidence-based solutions that target perceptions, behaviors, and the built environment. Concepts in the course are explored at the individual level and the population level – from clinical practice to epidemiologic research to national policy.

PH 198 Directed Studies 2 units

Student participation in a series of research-related activities performed in an individual or small-group setting under the guidance of a faculty advisor.





Application opens February 15, 2024



Application closes April 19, 2024



APPLY FOR THE PROGRAM

JOIN Q&A SESSION

Still deciding? Attend one of the Q&A sessions with Professor Zuzana Bic and get your questions answered!





March 26th 4 PM - 5 PM



April 2nd, April 9th, & April 16th 4 PM - 5 PM



April 18th 4 PM - 5PM



UCI Summer Session







